



LITHUANIAN NATIONAL SKIING CUP 2022/2023 SEASON

28-29th December, 2022 Lithuanian winter sports center, Ignalina

Lithuanian national skiing association in cooperation with Lithuanian Winter sports center invites you to Lithuanian National Skiing Cup event. This Invitation hereby is an official document for participants to travel to competition.

The aim of competitions:

Make more popular skiing sport by organizing international competition and inviting athletes from foreign countries.

Date and place of competitions:

Competitions will be held in Lithuanian Winter sports center, at 28-29th of December, 2022.

Competition jury:

FIS TD Germs Kalpus (Estonia)
National TD Jaunius Drūsė (Lithuania)
Chief of the competition Jonas Paslauskas (Lithuania)

Organizing committee:

Competition secretary Daumantas Jurgis Petrovas
Timing Janis Lazdāns (Latvia)

Participants:

In competitions can participate athletes from all countries. All athletes participate in one **FIS group** (a competitor must have reached his 16th birthday before the end of the calendar year in which the season ends (not younger than born in 2007)). All FIS athletes need to have a valid insurance. **FIS code for all athletes is mandatory:**
Men - **M21** and Women - **W21** (born from 2007 and older).

Competition program:

Wednesday, 28th December 2022

10:00 – 10:45 Official training

10:15 – 10:45 Distribution of starting bibs

10:30 Team Captains Meeting

11:00 Qualification Sprint F. Men

11:05 Qualification Sprint F. Women

12:00 Quarterfinals. Semifinals, Finals

13:15 Official prize giving ceremony

Thursday, 29th December 2022

09:00 – 09:45 Official training





09:15 – 09:45 Distribution of starting bibs

09:30 Team Captains Meeting

10:00 10 km. Distance F. Interval star. Men

10:45 5 km. Distance F. Interval star. Women

11:45 Official prize giving ceremony

Winners:

Rules and procedures for competitions held by the FIS international ski competitions rules. All athletes will be awarded in one age group.

Entry fee:

Entry fee – 15 EUR for one race. No entry fee is applicable for club members of Lithuanian national skiing association.

Fee can be paid via bank transfer (not later than 27th of December, 2022) or in cash at the competition office before start bib pickup.

Information for bank transfer:

Lithuanian national skiing association

Bank account No (IBAN): LT03 7300 0101 1824 3099

Reg. No: 301511755

Bank: AB Swedbank

Accommodation:

Hotel Zuvedra: <https://zuvedra.com/kontaktai/>

For further information please contact manager by phone number +37068609069 or email info@zuvedra.com

Team entries:

Registration can be done online here: <https://forms.gle/hPW6vtOeZ99m3EuYA> or official team entries can be sent to petrovas.d.j@gmail.com **no later than 25th December, 2022 18:00.**

For a late entry an additional fee will be.

Coaches are responsible for their childrens safety during the competition. Adults are responsible for their own safety.

For any information, please contact us by phone +370 601 83946 or email: petrovas.d.j@gmail.com

