



LITHUANIA CUP 2019/2020 STAGE 5 ALPINE SKI SLALOM COMPETITION INVITATION

(POSTPONED FROM IGNALINA RACES 2020.01.25 – TO SNOW ARENA 2020.01.26).

Lithuania National Ski Association in collaboration with indoor ski complex “Snow Arena” has the pleasure to invite participants from all countries to Lithuania Cup 5TH stage competition in alpine skiing at 26th of January 2020. Lithuania Cup competitions will be held in Lithuanian indoor slope “Snow Arena” in the town of Druskininkai, Lithuania. You will find all the important team - related information in this document.

ORGANIZER

Lithuania National Ski Association in collaboration with indoor ski complex “Snow Arena”

ORGANIZING COMMITTEE CONTACT PERSONS

SNOW ARENA, CHIEF OF RACE ARTŪRAS BIKULČ

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ENTRIES

The application for participation can be submitted by online registration in link: [REGISTRACIJA](#), [LIST OF PARTICIPANTS](#). The registration must take place no later than 24th of January 14.00 hours.

ENTRY FEES

Entry fee of 20, - euro per racer per discipline will be charged.

Lift tickets 15 euro per racer per day will be charged,

The entry fee has to be paid to the organizing committee at the race office before the TCM of the respective race. Team captains will be asked to confirm their entries and pay the entry fee at the race office before the TCM.

Race Office will work in Snow Arena 25th of January 18.00 - 19.00.

INSURANCE

Competitors compete on their own liability. National Ski Associations and team officials are responsible for adequate insurance for all their competitors. (ICR: art., 212.4)

PROVISIONAL RACE PROGRAM

2020.01.25

18.00 – RACE OFFICE OPEN (Entry fees).

19.00 – TEAM CAPTAIN MEETING (TCM), BIB numbers.

2020.01.26

08.00 – Snow Arena reception and lift is open.

SL program

08.30 – 08.50 1st course inspection, SL.

09.00 – 1st Start of SL run.

10.00 – 10.20 2nd course inspection, SL.

10.30 – 2nd Start of SL run.

SSL program

12.30 – 12.50 1st course inspection, SSL.

13.00 – 1st Start of SSL run.

14.00 – 14.20 2nd course inspection, SSL.

14.30 – 2nd Start of SSL run.

15.30 – Prize giving ceremony (Self-service restaurant).

Final race program will be presented in WEB site www.lnsa.lt on 24th of January.



RACE EQUIPMENT

Races for U12; U14; U16, Elite and Masters will use GS gates and panels for SSL race and SL gates (27 mm) for SL race. Races for U8; U10, OPEN will use semi gates for SL and SSL RUNs. Elite and Masters will share the same course with U12; U14; U16 racers. OPEN group can ski with skis or snowboards.

AGE CATEGORIES

The Lithuania Cup competitors are divided into the following age groups.

Group	Short name	Age
Elite	Elite	FIS age (Born in 1986-2003)
Masters	M	Born in 1985 and older
Youth under age 16	U16	Born in 2004 – 2005
Youth under age 14	U14	Born in 2006 – 2007
Youth under age 12	U12	Born in 2008 – 2009
Kids under age 10	U10	Born in 2010 – 2011
Kids under age 8	U8	Born in 2012 – 2013
OPEN	OPEN	All amateurs

AWARDING

The first three owners of the best results are awarded with Lithuania Cups and Top6 with diplomas. Age groups U8, will be awarded all racers, OPEN group – TOP 3 with Diplomas.

PRE-RACE AND POST-RACE TRAINING, OTHER LOGISTIC IN DRUSKININKAI

Accommodation, catering, trainings before and after the race has to be coordinated with the Chief of Race: Artūras Bikulč

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