



Lithuanian Sprint Cup 2019

3rd of December, 2019 Snow arena, Druskininkai, Lithuania

Lithuanian national skiing association invites you to Lithuanian Sprint CUP event in south of Lithuania - Druskininkai.

For the first time, race venue will be indoors – SNOW ARENA.



The aim of competitions:

Make more popular skiing sport by organizing international competition and inviting athletes from foreign countries.

Date and place of competitions:

Competitions will be held in Snow arena center (Druskininkai, Lithuania), at 3rd of December, 2019.

Competition jury:

FIS TD Germs Kalpus (Estonia)

Nat TD Janis Puida (Latvia)

Chief of the competition Gunars Ikaunieks (Latvia)

Organizing committee:

Competition secretary Daumantas Jurgis Petrovas (Lithuania)

Timing Normunds Bērziņš (Latvia)

Participants:

FIS group. Men - **M21** and Women - **W21** (born from 2004 and older. A competitor must have reached his 16th birthday before the end of the calendar year);

All **FIS** athletes participate in one Men - **M21** and one Women - **W21** group (a competitor must have reached his 16th birthday before the end of the calendar year (1st January – 31st December) in which the season ends (not younger than born in 2004)). Athletes from all countries can participate in the competitions. All **FIS** athletes must have a **valid insurance and valid FIS code**.

Competition program:

Monday, 2nd December, 2019

17:00 – 19:00 Training possibilities (*only in closed part of homologated race track*)



Tuesday, 3rd December 2019

06:30 – 07:30 Official training

07:00 – 07:45 Distribution of starting bibs (Registration office)

07:30 Team Captains Meeting (Conference room)

08:00 W21 Women group Interval start Sprint F Qualification

08:30 M21 Men group Interval start Sprint F Qualification

09:30 Quarterfinals, Semifinals, Finals

12:30 Official prize giving ceremony

Competition course:

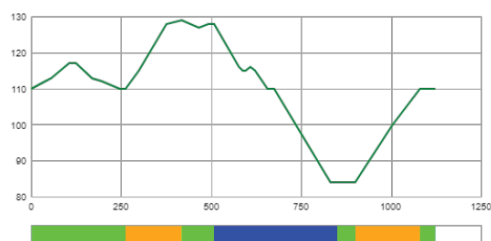
Competition course will be inside the Snow arena building.

Lap length 1,1 kilometers.

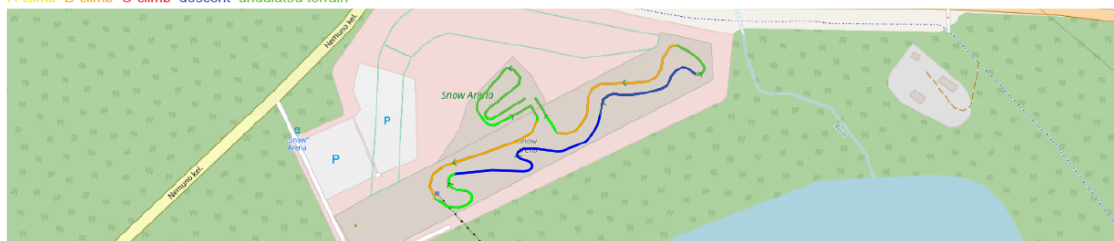
Competition will be in Free technique.

Competitions will be organized according to International Competition Rules.

Course length:	1,123m	Height difference (HD):	45m	Lowest point:	84m
Course category:	D	Maximum climb (MC):	26m	Highest point:	129m
		Total climb (TC):	54m		



A-climb B-climb C-climb descent undulated terrain





Race fees:

Entry fee – 10 EUR for one race. No entry fee is applicable to Lithuanian athletes.

Fee can be paid via bank transfer (not later than 1st of December, 2019) or in cash at the competition office before start bib pickup.

Information for bank transfer:

Lithuanian national skiing association

Bank account No (IBAN): LT03 7300 0101 1824 3099

Reg. No: 301511755

Bank: AB Swedbank

Arena fee:

For all athletes there will be a 15 Euro/day Ski Pass fee, which should be paid in Snow arena cash desk. After the payment the competitor will get a card which allows to get into the competition zone.

For all coaches/spectators (if they want to get into the competition zone) there will be a 10 Euro/day fee, which should be paid in Snow arena cash desk. After the payment coach/spectator will get a card which allows to get into the competition zone.

Team entries:

Registration can be done online here: <https://forms.gle/jvqbz5NjUh8P7zo57> or official team entries can be sent to daumantas.petrovas@lnsa.lt no later than **November 29th, 2019 12:00 PM**. **Only athletes with active FIS code can participate in these competitions.**

For a late entries there will be applied an entry fee with open organizers decision to not confirm an entry.

Entry list:

<https://docs.google.com/spreadsheets/d/1k0QpGTjTbiMCeKKxCr2GFRCfXnr14pH7TreQEpaXI3I/e/dit#gid=568940509>

Visa:

Regarding VISA support, please, contact daumantas.petrovas@lnsa.lt as soon as possible. Take into consideration that the procedure may take a while.

Accommodation info:

Accommodation options: <https://www.booking.com/>

Special offers for teams:

Arturas Bikulc

Phone: +370 686 12853

E-mail: arturas.bikulc@lnsa.lt

Wax cabin:

There will be a possibility to get a wax cabin facilities in Snow arena building for 15 Euro per person price.

Contacts for reservation:

Arturas Bikulc

Phone: +370 686 12853

E-mail: arturas.bikulc@lnsa.lt

Collecting of the personal data:

By registering for this event, you agree that your or your team members names will be posted on the website www.lnsa.lt, as well as birthdates, team names and results.



The date of birth is not displayed next to the results, and is collected for statistical and control purposes (to allow people to compete in their age and capacity groups).

If you make an entry of other competitor you must ensure that competitor have given their permission to the publication of the information above on this page. Each participant, after completing the entry form, agrees that the event organizers are free to use all photos and footage taken during the event for marketing purposes, such as on social networks, on the website, etc.

Coaches are responsible for their childrens safety during the competition. Adults are responsible for their own safety.

For any information please contact us by phone +370 601 83946 or email:

daumantas.petrovas@lnsa.lt