



DRUSKININKAI
RECREATION AND
HEALTH CENTRE
AQUA



LITHUANIA CUP 2019/2020 STAGE 1 ALPINE SKI COMPETITION INVITATION

Lithuania National Ski Association in collaboration with indoor ski complex "Snow Arena" has the pleasure to invite participants from all countries to Lithuania Cup 1st stage competition in alpine skiing at 12-13th of October 2019. Lithuania Cup competitions will be held in Lithuanian indoor slope "Snow Arena" in the town of Druskininkai, Lithuania. You will find all the important team - related information in this document.

ORGANIZER

Lithuania National Ski Association in collaboration with indoor ski complex "Snow Arena"

ORGANIZING COMMITTEE CONTACT PERSONS

SNOW ARENA, CHIEF OF RACE ARTŪRAS BIKULČ

Phone: +370 686 12853

E-mail: arturas.bikulc@lnsa.lt

ENTRIES

The application for participation can be submitted by an individual person, club or the team captain who represents the specific Ski Association and the athlete. The application must be submitted by an electronic mail to arturas.bikulc@lnsa.lt to our race secretary. The registration must take place no later than 24 hours before the race Team Captain meeting at (11th of October 19.00) according to Lithuania Cup 2019-2020 1st stage alpine ski competition rules, published in www.lnsa.lt and www.snowarena.lt.

For the FIS races all entries must be sent according to the ICR. All entries must be sent so that the Organizing Committee receives them before the final date of entry. The organizers must have a final and complete list not later than 24 hours before the first draw.

Every entry should include:

- Name, first name, year of birth, National Ski Association;
- An exact definition of the event and age group for which the entry is made.
- Contact information of the team leader or the individual athlete.

[Registration form ONLINE](#)

[Participant List](#)

ENTRY FEES

Entry fee of 20, - euro per racer per discipline will be charged.

Entry fee for the FIS racers that are not from the organizing nation within their FIS quota only will include a free lift access.

Lift tickets 15 euro per racer per day will be charged, or according to the price list of Snow Arena, for longer term.

The entry fee has to be paid to the organizing committee at the race office before the TCM of the respective race. Team captains will be asked to confirm their entries and pay the entry fee at the race office at least one hour before the TCM.

Race Office will work in Snow Arena 2 hours before TCM (11th of October 17.00).



INSURANCE

Competitors compete on their own liability. National Ski Associations and team officials are responsible for adequate insurance for all their competitors. (ICR: art., 212.4)

COMPETITION PROVISIONAL PROGRAM

2019.10.11

17.00 – RACE OFFICE OPEN

19.00 – FIS TEAM CAPTAIN MEETING (TCM), BIB numbers.

19.30 – Kids and Masters groups TEAM CAPTAIN MEETING (TCM), BIB numbers.

2019.10.12

07.00 – Snow Arena and reception is open.

07.20 – lift is open.

07.40 – FIS ENL race 1st course inspection.

08.10 – 1st Start of FIS ENL Slalom run.

08.50 – FIS ENL race 2nd course inspection

09.20 – 1st Start of FIS ENL 2nd Slalom run.

10.10 – FIS ENL race 3th course inspection

10.40 – 1st Start of FIS ENL 3th Slalom run.

11.50 – U8-U16 and Masters Groups 1st course inspection (U8-U10 all, U12-U16 girls and masters 11.50-12.10; U12-U16 boys 12.05 -12.20)

12.30 – U8-U16 and Masters Groups 1st Start of SSL run.

14.20 – U8-U16 and Masters Groups 2nd course inspection (U8-U10 all, U12-U16 girls and masters 14.20-14.40; U12-U16 boys 14.30-14.50)

15.00 – U8-U16 and Masters Groups 2nd Start of SSL run.

18.00 – Prize giving ceremony (FIS, kids and masters).

19.00 – FIS TEAM CAPTAIN MEETING (TCM), BIB numbers.

19.30 – Kids and Masters groups TEAM CAPTAIN MEETING (TCM), BIB numbers.

2019.10.13

07.00 – Snow Arena and reception is open.

07.20 – lift is open.

07.40 – FIS ENL race 1st course inspection.

08.10 – 1st Start of FIS ENL Slalom run.

08.50 – FIS ENL race 2nd course inspection

09.20 – 1st Start of FIS ENL 2nd Slalom run.

10.10 – FIS ENL race 3th course inspection

10.40 – 1st Start of FIS ENL 3th Slalom run.

12.00 – Prize giving ceremony FIS

11.50 – U8-U16 and Masters Groups 1st course inspection (U8-U10 all, U12-U16 girls and masters 11.50-12.10; U12-U16 boys 12.05 -12.20)

12.30 – U8-U16 and Masters Groups 1st Start of SL run.

14.20 – U8-U16 and Masters Groups 2nd course inspection (U8-U10 all, U12-U16 girls and masters 14.20-14.40; U12-U16 boys 14.30-14.50)

15.00 – U8-U16 and Masters Groups 2nd Start of SL run.

18.00 – Prize giving ceremony (kids and masters).



RACE EQUIPMENT

FIS ENL Races will use FIS homologated SL gates (30 mm).

Races for U8; U10 will use semi gates for Slalom and SSL RUNS.

Races for U12; U14; U16; Master groups will use GS gates and panels for SSL race and SL gates (27 mm) for SL race. Masters will share the same course with U12; U14; U16 racers.

Time schedules with the exact race program will be presented in the TCM and depend of the total number of competitors registered before the dead line of the official entries.

AGE CATEGORIES

The Lithuania Cup competitors are divided into the following age groups.

Group	Short name	Age
FIS	FIS	All with FIS code
Masters	M	Born in 1985 and older
Youth under age 16	U16	Born in 2004 – 2005
Youth under age 14	U14	Born in 2006 – 2007
Youth under age 12	U12	Born in 2008 – 2009
Kids under age 10	U10	Born in 2010 – 2011
Kids under age 8	U8	Born in 2012 – 2013

AWARDING

The first three owners of the best results are awarded with Lithuania Cup prizes and diplomas.

PRE-RACE AND POST-RACE TRAINING, OTHER LOGISTIC IN DRUSKININKAI

Accommodation, catering, trainings before and after the race has to be coordinated with the Chief of Race: Artūras Bikulč

Phone: +370 686 12853 e-mail: snowarenaindoor@gmail.com