





LITHUANIA CUP 2018/2019 STAGE 5 ALPINE SKI (Alpine combination (Super slalom + slalom)) AND SNOWBOARD SLALOM COMPETITION INVITATION

Lithuania National Ski Association in collaboration with "Indoor Ski centre Snow Arena" and "Druskininkai recreation and health centre Aqua" has the pleasure to invite participants from all countries to Lithuania Cup 5th stage competition in alpine skiing and snowboard at 11th of May 2019.

Lithuania Cup competitions will be held in Lithuanian indoor slope "Snow Arena" in the town of Druskininkai, Lithuania. You will find all the important team - related information in this document.

ORGANIZER

Lithuania National Ski Association in collaboration with "Indoor Ski centre Snow Arena" and "Druskininkai recreation and health centre Aqua".

ORGANIZING COMMITTEE CONTACT PERSONS

CHIEF OF RACE ARTŪRAS BIKULČ Phone: +370 686 12853

E-mail: <u>arturas.bikulc@lnsa.lt</u>

ENTRIES

The application for participation can be submitted by an individual person, club or the team captain who represents the specific Ski Association and the athlete. The registration must take place no later than $10^{\rm th}$ of May 12.00.

Entry should be done by online registration link: **REGISTRATION**, **LIST OF PARTICIPANTS**.

Registration after deadline (10th of May 12.00) is possible only with double entry fees, if it is free places.

ENTRY FEES

Entry fee of 20 EUR per racer per discipline will be charged.

Lift tickets 15 EUR per Race day for racer and 10 EUR for coach.

The entry fee has to be paid to the organizing committee at the race office before BIB.

INSURANCE

Competitors compete on their own liability. National Ski Associations and team officials are responsible for adequate insurance for all their competitors. (ICR: art., 212.4)







PROVISIONAL COMPETITION PROGRAM

2019.05.10 d.

2019.05.11 d. Alpine combination (Super slalom + slalom)

"Snow Arenos" reception is open.
Lift is open for everybody.
1st course inspection.
1st Start (SSL).
2 nd course inspection.
2nd Start (SL).
Prize giving ceremony. (V stage and overal LT CUP).

RACE EQUIPMENT

Races for U8; U10 and Snowboard will use semi gates.

Races for U12; U14; U16; Elite and Master Groups will use SL gates (27 mm) and GS panels. Elite and Masters will share the same course with U12; U14; U16 racers.

AGE CATEGORIES

The Lithuania Cup competitors are divided into the following age groups.

Group	Short name	Age
Elite	Elite	Born in 1985 – 2002
Masters	M	Born in 1984 and older
Youth under age 16	U16	Born in 2003 – 2004
Youth under age 14	U14	Born in 2005 – 2006
Youth under age 12	U12	Born in 2007 – 2008
Kids under age 10	U10	Born in 2009 – 2010
Kids under age 8	U8	Born in 2011 – 2012
SNB Youth age 14	U14 SNB	Born in 2005 and younger
SNB Elite	ELITE SNB	Born in 2004 and older

AWARDING

The first three owners of the best results are awarded with Lithuania Cup medals and diplomas. In U8 group all participants is awarded with diplomas.

PRE-RACE AND POST-RACE TRAINING

All training before and after the race has to be coordinated with the Chief of Race: ARTŪRAS BIKULČ, Phone: +370 686 12853.